

## COACHING

Our coaching program is designed to help leaders identify and challenge current behaviors and beliefs that derail them from leading and living at their best. Based on scientifically-validated research and behavior change science, we empower leaders to lead with courage, vulnerability, and deep self-awareness, and implement small, actionable changes in their personal and professional lives that will maximize performance, shift beliefs, help them to lead from a place of purpose, and create sustainable change. Each coaching experience is carefully curated to inspire transformation in areas specific to our leaders' strengths and challenges. Our coaching process will enable leaders to take personal responsibility in maximizing their energy, fueling high performance, and leading from within.

Want to learn how to solve complex business and people issues and create a high performing team? Contact us at info@performance-on-purpose.com. At Performance on Purpose, we create deep learning and coaching experiences that apply the latest research in neuroscience of behavior change, performance psychology, physiology and stress science, beliefs and mindsets, and purpose-driven research. Through keynotes, retreats, private executive coaching, seminars, workshops, webinars, content design and digital learning, we work with our clients to create the perfect learning medium and design programs to meet organizational needs, scope, and budget.

We take a measurable, systematic approach to fueling great leaders who are resilient, engaged, self-aware, productive, and will inspire the same in their teams and organization. A company culture is only as healthy as its leadership: we take this to heart when designing our programs.



## SCOPE OF COACHING OPPORTUNITIES











## WHO WE WORK WITH:





























AND MORE...